



Ruta

### La Garganta - Hervás

(Distancia 11 km. / Duración: 2 h. 30 min.)

Partimos de La Garganta, de la plaza donde está el ayuntamiento en dirección a Candelario. Subimos unos 300 m. por la carretera hasta donde sale un camino que sube a la izq., cruzando la carretera, y llegamos a la ermita de San Gregorio, donde hay un cruce y seguimos por la dcha., que es el antiguo camino que unía La Garganta y Hervás. La bajada es muy pronunciada hasta cruzar la carretera junto a una fuente. Seguimos bajando, dejamos otro camino a la izq. y poco más abajo llegamos a una pista: Andamos unos 20 m. a la izq. y tomamos una vereda a la dcha. que está bastante escondida y que nos lleva al puente de La Candelada. Lo cruzamos y cogemos otra vereda a la dcha. que nos deja e el antiguo puente de La Tejea. Lo cruzamos y seguimos por la dcha., atravesamos los prados de Romañazo, que pueden tener agua, hasta llegar al puente de la carretera que está sobre la vía del tren. Pasamos bajo este puente y, poco más abajo, nos colamos bajo el puente Zorongollo y este camino nos lleva al puente de La Fuente Chiquita. Lo cruzamos y seguimos por la dcha. hasta una rotonda, donde tomamos la tercera salida hasta llegar a la rotonda que está al lado del parque.

### Hervás - Gargantilla

(Distancia: 9 km. / Duración: 1 h. 45 min.)

Tomamos la primera salida de la rotonda, dirección Plasencia y nos desviamos en la primera salida a la izq. hacia el Valle del Jerte y, unos 300 m. después pasamos bajo el Puente del Monte y seguimos a la dcha. durante 1 km. por la carretera de Gargantilla hasta encontrar un camino que sale a la izq. hasta cruzar La Garganta de Andrés. Cuando la pasamos hay que tomar el segundo camino a mano izq. (mirar bien el plano). Poco más arriba hay que coger una vereda a la izq., la vereda pasa a ser pista y, a unos 100 m., sale otra pista a la dcha. que nos lleva directamente a Gargantilla, si nos fijamos bien en el plano.

### Gargantilla - Segura de Toro

(Distancia: 5,5 km. / Duración: 1 h. 25 min.)

Cruzamos Gargantilla por la calle principal y atravesamos la plaza hasta cruzar el puente sobre el río. Seguimos la carretera unos 150 m. hacia Aldeanueva y tomamos un camino que sale a la izq. A 1 km. cruzamos una portilla y seguimos rectos hasta una zona de varios cruces de camino, dejando a nuestra dcha. un abrevadero de ganado. Tenemos que pasar por dos portillas y seguimos por una vereda que sale de frente, dejando otra portilla a mano dcha. por la que no hay que pasar. Cruzamos un pequeño arroyo y luego una portilla, hasta llegar a Segura de Toro.



Rute

### La Garganta-Hervás Trail:

Length: 11 km/ Time: 2h. 30 min.

Start at the Town Hall's square of *La Garganta*, and take the direction to *Candelario*. Follow the road for about 300 mts. until you see an ascending path on the left. Cross the road and take this path. You will reach *La Ermita de San Gregorio* (San Gregory's Hermitage), where there is a crossing. Take the path on the right which is the former path that connected *La Garganta* to *Hervás*. It's a pronounced way down until it crosses the road by a fountain. Go down and leave behind another path to your left. A little ahead, you will find a track. Walk about 20 mts. to the left and take a rather hidden lane on the right which will take you to *La Candelada* bridge. Cross over the bridge and take another lane on the right which takes you to the former *La Tejea* bridge. Cross it over and continue to the right. You will cross the meadows of Romañazo property, which may be damp, until you arrive to the road's bridge over the railway. Go under the bridge and a little way down, sneak under the *Zorongollo* bridge. This path takes you to *La Fuente Chiquita's* (the small fountain) bridge. Cross over the bridge and go on to the right until you reach a roundabout: you must take the third exit until you arrive to the roundabout close to the park.

### Hervás-Gargantilla:

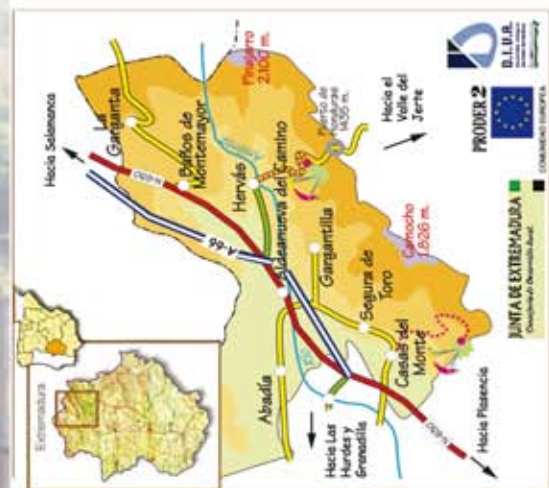
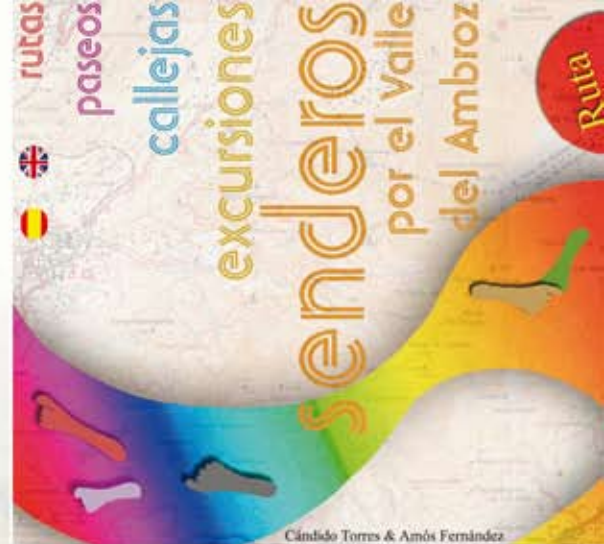
Length: 9 km. / Time: 1 h. 45 min.

Take the first exit out the roundabout in the direction of *Plasencia* and then take the first left towards the Jerte's Valley (*Valle del Jerte*). About 300 mts. afterwards you will go under the Mount Bridge (*Puente del Monte*). Continue on the right for about 1 km on the road that leads to *Gargantilla* until you find a path on the left. Take this path until you cross *La Garganta de Andrés* (Andrés' Gorge). Once you've crossed it, take the second path on the left (check it out on the map). Take a lane on the left that you will find a little ahead. The lane becomes a track and about 100 mts. afterwards there's another track on the right. Take it, as it leads you straight into the village of *Gargantilla*.

### Gargantilla-Segura de Toro Trail:

Length: 5,5 km. Time: 1 h. 25 min.

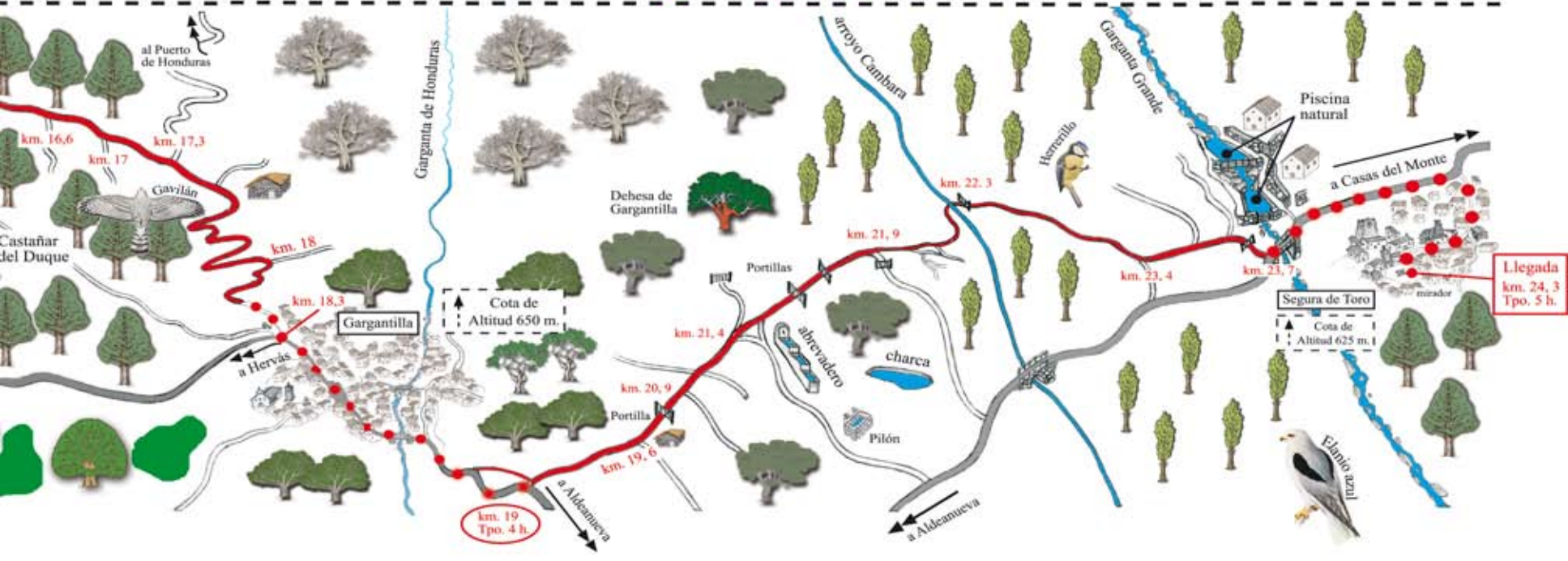
Cross the village of *Gargantilla* through the main street, cross the square until you reach the bridge over the river. Follow the road for about 150 mts. towards *Aldeanueva*, and take the path on the left. After walking for 1 km cross a gate and go on straight ahead until you reach a spot where several paths cross each other, leaving a drinking trough on the right hand. You must cross another two gates and follow a lane that's right ahead of you, leaving a gate to your right that you mustn't cross. Cross a small brook and then a gate, and continue until you arrive to the village of *Segura de Toro*.



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 PRODER 2  
 JUNTA DE EXTREMADURA  
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del Ambroz









blancas y amarillas

pista y carretera



Flores

-  Castaño
-  Roble en bosques
-  Roble en solitario
-  Encina
-  Alcornoque
-  Cerezo
-  Olivo
-  Fresno
-  Abeto

## Ruta

**La Garganta-Hervás Trail:**  
Length: 11 km/ Time: 2h. 30 min.

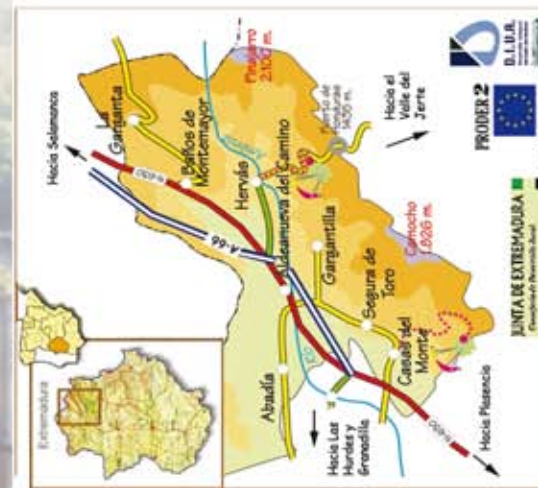
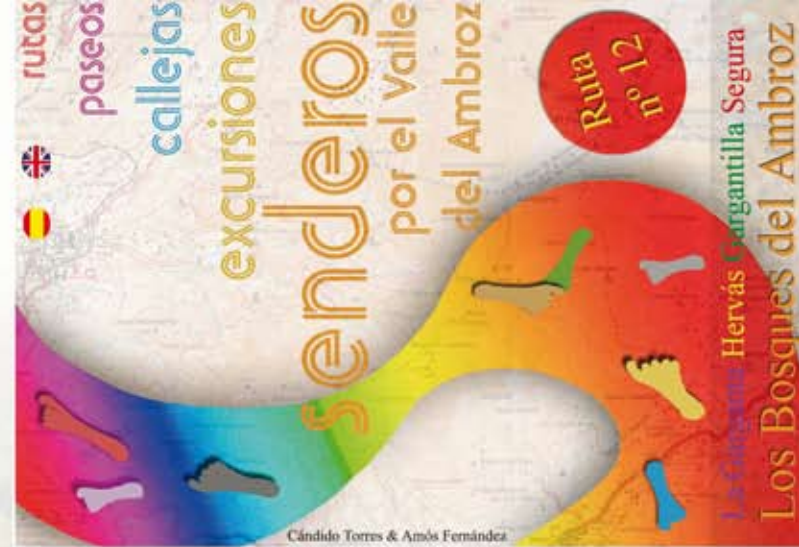
Start at the Town Hall's square of *La Garganta*, and take the direction towards Hervás. Follow the road for about 300 mts. until you see an ascending path. Cross the road and take this path. You will reach *La Ermita de San Gregorio* (San Gregory's Hermitage), where there is a crossing. Take the right which is the former path that connected *La Garganta* to *La Candelada*. The pronounced way down until it crosses the road by a fountain. Go left behind another path to your left. A little ahead, you will find a path about 20 mts. to the left and take a rather hidden lane on the right which takes you to *La Candelada* bridge. Cross over the bridge and take the right which takes you to the former *La Tejea* bridge. Cross the meadows of Romañazo which may be damp, until you arrive to the road's bridge over the river. Under the bridge and a little way down, sneak under the *Zorongollo* path which takes you to *La Fuente Chiquita's* (the small fountain) bridge. Cross the bridge and go on to the right until you reach a roundabout: take the third exit until you arrive to the roundabout close to the park.

**Hervás-Gargantilla:**  
Length: 9 km. / Time: 1 h. 45 min.

Take the first exit out the roundabout in the direction of *Plasencia* and take the first left towards the *Jerte's Valley (Valle del Jerte)*. About 1 km onwards you will go under the *Mount Bridge (Puente del Monte)*. Take the right for about 1 km on the road that leads to *Gargantilla* until you reach a roundabout on the left. Take this path until you cross *La Garganta de Andrés* bridge. Once you've crossed it, take the second path on the left (check the map). Take a lane on the left that you will find a little ahead. The path leads to a track and about 100 mts. afterwards there's another track on the right. Take it, as it leads you straight into the village of *Gargantilla*.

**Gargantilla-Segura de Toro Trail:**  
Length: 5,5 km. Time: 1 h. 25 min.

Cross the village of *Gargantilla* through the main street, cross the river and you reach the bridge over the river. Follow the road for about 150 m to *Aldeanueva*, and take the path on the left. After walking for 1 km you should go on straight ahead until you reach a spot where several paths cross. Leave a drinking trough on the right hand. You must cross the stream, leaving a gate that's right ahead of you, leaving a gate that you mustn't cross. Cross a small brook and then a gate, and you arrive to the village of *Segura de Toro*.



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## Los Bosques del Ambroz

Las elevadas precipitaciones y la variación de altitudes de este valle permiten una gran diversidad de formaciones boscosas, que van desde dehesas de castaños en las zonas más altas hasta los encinares y alcornoques en las partes más cálidas.

Durante la ruta observamos robledales de melojos y fresnedas en los prados próximos a los riachuelos, que separan el robledal de la vegetación de los bosques de ribera, formados por saucedas y alisedas. Las laderas más húmedas del robledal se han transformado en catañarejos debido a la intervención humana. Esta diversidad de paisaje va acompañada de una fauna, por un lado mediterránea y, por otro, de la propia de los bosques atlánticos.



## The Forests of the Ambroz

The abundance of rainfall and the variety of altitudes of this valley allow for a great diversity of forests, from chestnut groves on the higher areas, to cork groves on the warmer parts.

During the trail we can appreciate oak groves and ash trees in the meadows next to the brooks that divide the oak groves from the riverside vegetation, mainly formed by walnut and alder trees. The wetter hillsides of the oak groves have become chestnut tree growings due to human intervention. In this variety of landscapes we can find on the one hand a Mediterranean fauna, and on the other, an Atlantic one.