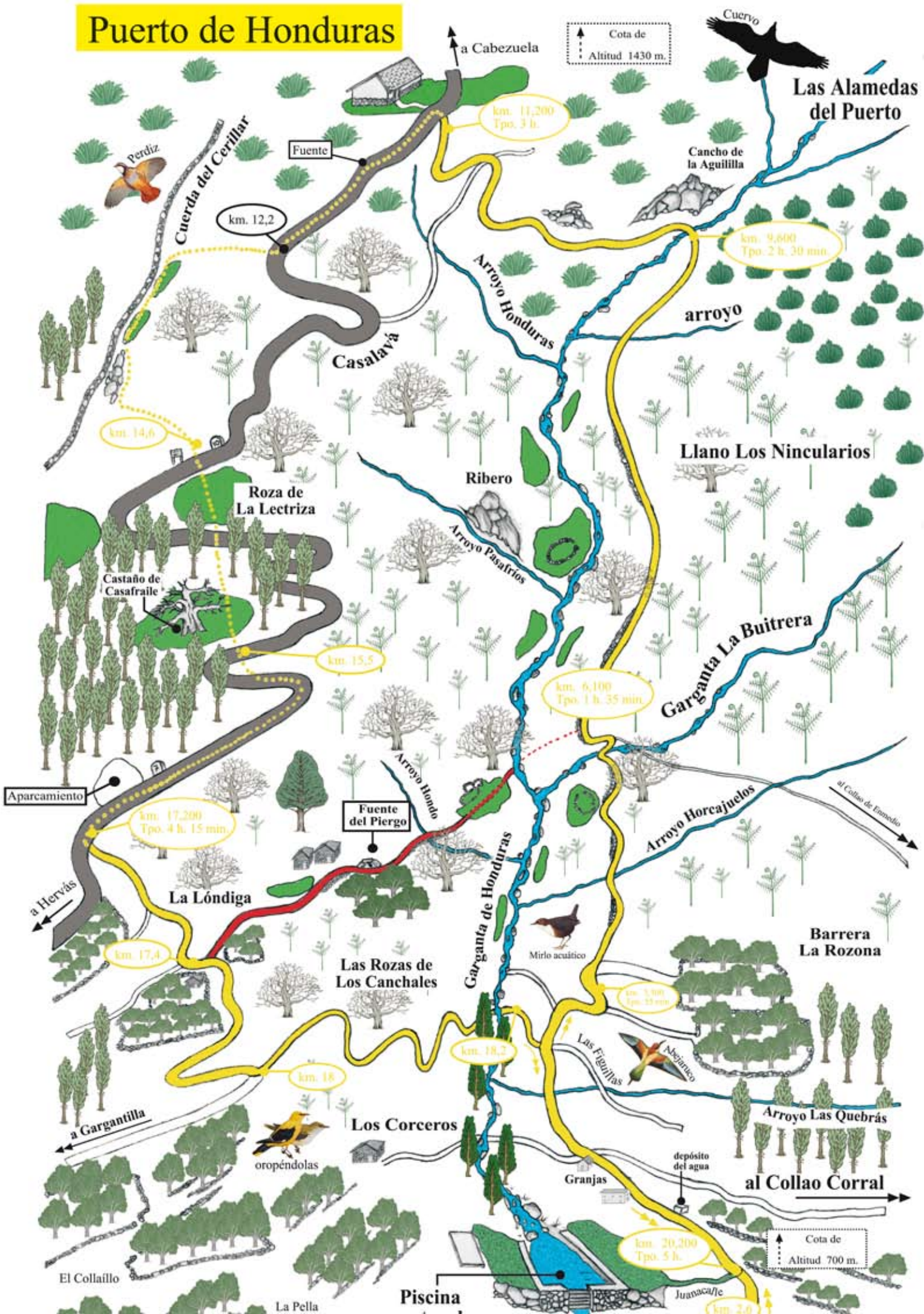


# Puerto de Honduras







## Ruta

Hemos tomado como inicio de la ruta la piscina natural de Gargantilla, pero si queremos comenzar en Aldeanueva del Camino lo haremos de la calle que pasa junto a la iglesia situada en la parte más alta del pueblo, pasando al lado de una pista deportiva y la piscina. Cuando llegemos a la autovía giramos a la izq. y, unos 200 m. después, pasamos por debajo de ella y 100 m. más adelante, junto a una torreta de telefonía móvil, sube el camino que debemos tomar. Siguiendo el camino, atravesamos la vía del tren y, poco más arriba, llegamos a un cruce y giramos a la izq. directos hasta Gargantilla. Una vez aquí, subimos por una calle hasta una plaza con una fuente, seguimos todo recto y llegamos a otra plaza, la atravesamos también y llegamos a otra pequeña plaza con un caño, donde giramos a la dcha., cruzamos un puente y seguimos por una calle de cemento que sube a la izq. y nos lleva hasta la piscina natural. Hasta aquí hemos recorrido unos 2,6 km.

Si partimos de la piscina natural de Gargantilla, que está unos 200 m. por encima del pueblo (hay aparcamiento) encontramos que los primeros 900 m. de la pista son de cemento. A unos 2 km. y después de pasar tres cruces de camino, la pista se estrecha. Vamos siempre subiendo y paralelos al río. Unos 7 km. después y, tras haber cruzado un río y dos arroyos, el camino cruza el río junto a una roca para subir el último tramo hasta el Puerto de Honduras. Una vez en el puerto, hay dos opciones: - Bajar por la carretera hasta el km. 7.

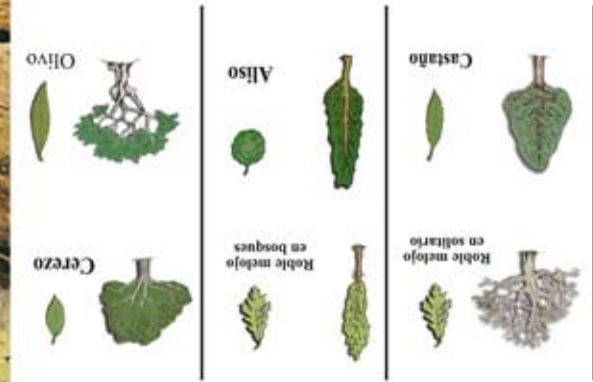
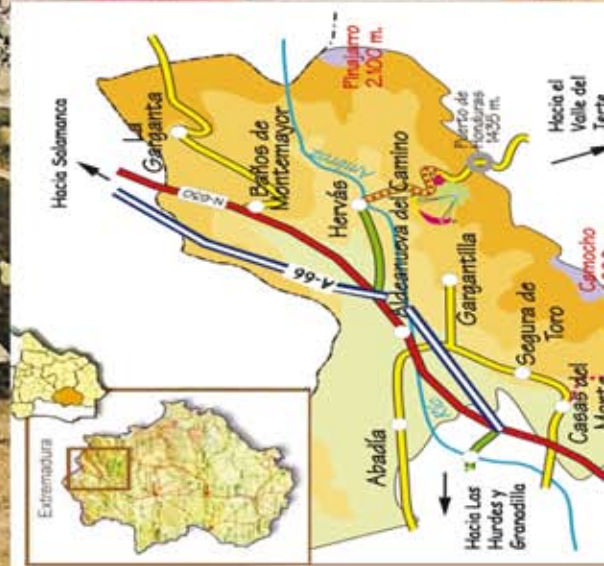
-Continuar por la cuerda (parte alta de la montaña): bajando 1 km. por la carretera hasta la primera curva de herradura. Desde allí nos desviamos, campo a través, subiendo un poco a la dcha. hasta llegar a una pared de piedra con una alambrada que delimita la cuerda de la montaña. Siguiendo más o menos la pared llegamos a unas rocas, las bordeamos y, bajando a la izq., llegamos al p.k. 10 de la carretera. Cruzamos la carretera junto a un cartel. Bajamos en línea recta y, a unos 300 m. se cruza de nuevo la carretera.

Buscamos un claro en el monte donde hay un castaño viejo, lo pasamos y, a unos 50 m. torcemos a la izq. Unos 300 m. más abajo por la carretera llegamos al p.k. 7. Unos 50 m. más abajo hay una portilla de donde sale una pista a la izq. Unos 200 m después vemos un cruce y seguimos nuestro camino hacia abajo. Medio kilómetro después vemos otra desviación y tomaremos la de la izq., que parece la menos transitada. ésta nos lleva hasta el río, lo cruzamos y, unos 100 m. más adelante, retomamos la pista que nos devuelve a la piscina natural.



## Trail

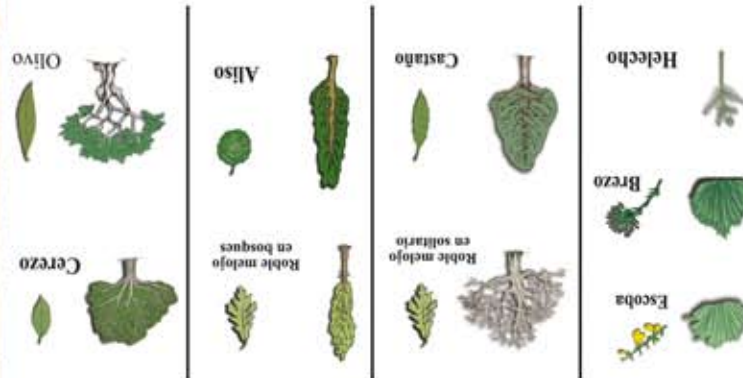
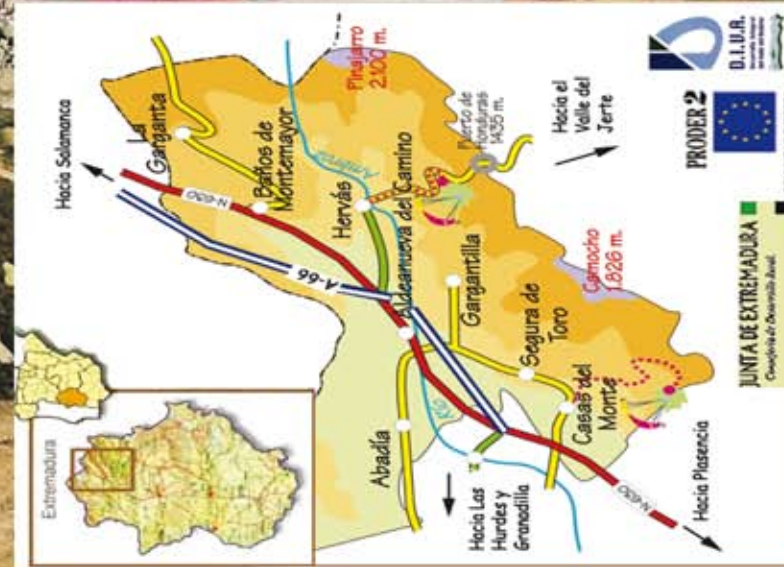
The trail starts at Gargantilla's natural swimming pool, but you can also start at Aldeanueva del Camino. From Aldeanueva, you must start at the street that passes by the church placed at the top of the village, leaving behind a sports track and the swimming pool. Once you reach the railroad, turn left and after about 200 m you will go under the railroad. There is an ascending path about 100 m ahead by a mobile phone tower. Take this path. You will cross the railway and a little ahead, you will reach a crossing. Take the path on the left that will lead you straight into Gargantilla. Once there, go up the street until you reach a square with a fountain. Go straight ahead and you will reach another square. Cross it, and you will reach a small square with a small fountain, where you must turn right. You will cross a bridge and follow a paved road that's on the left and takes you up to the natural swimming pool. There's parking available. Up to here you have walked for 2.6 km. From the natural swimming pool, the first 900 m of the road are paved. About 2 km ahead, and after having passed three crossroads, the road narrows. The trail is always ascending and parallel to the river. At about 7 km after passing a river and two streams, the trail will cross the river near a big rock. From there, you will continue up the last rise that will bring you to el Puerto de Honduras (Honduras' Port). Once at the pass, there are two options: either you walk down the road until you get to the KP 7 on the route Hervás-Puerto de Honduras, or you continue on top of the mountain chain going down the road until you reach the first curve in the shape of a horseshoe. From there, you must ascend crosscountry towards the right until you reach a stone wall with wire that runs along the top of the mountain chain. Continue along the wall and you will come to some rocks. Go around them and down towards the left. You will arrive at the KP 7 of the road. Cross the road at the sign, go straight down for about 300 m, then cross the road again. Look for a clearing where there is an old chestnut tree which you must pass by. About 50 m later turn left. You will arrive at the KP 7 of the road after going down for about 300 m. Some 50 m further down, there is a gate where a road goes off to the left. Take this road, and about 200 m ahead you will come to a crossing. Continue on your way down. About 300 m further down there is another diversion on the road. You must turn left taking the road that seems less travelled, which will bring you to the river. Cross the river and about 100 m further along you will get back on the road that leads to the natural swimming pool.





## Trail

Gargantilla's natural swimming pool, but you can also take the Camino. From Aldeanueva, you must start at the church placed at the top of the village, leaving the street and the swimming pool. Once you reach the railroad, about 200 m you will go under the railroad. There is an information board at 100 m ahead by a mobile phone tower. Take this path. After passing the railway and a little ahead, you will reach a crossing. Turn left that will lead you straight into Gargantilla. Once you reach the square until you reach a square with a fountain. Go straight ahead until you reach another square. Cross it, and you will reach a square with a small fountain, where you must turn right. You will reach a square. Follow a paved road that is on the left and takes you up to the natural swimming pool. There's parking available. Up to here you have walked about 5 km. From the natural swimming pool, the first 900 m of the trail is paved. About 2 km ahead, and after having passed three small bridges and narrow roads, the trail is always ascending and parallel to the road. After 7 km after passing a river and two streams, the trail will reach a big rock. From there, you will continue up the last 2 km of the trail to el Puerto de Honduras (Honduras' Port). Once you reach the port, there are two options: either you walk down the road until you reach the natural swimming pool, or you continue up the mountain chain going down the road until you reach the first square. From there, you must ascend crosscountry until you reach a stone wall with wire that runs along the road. Continue along the wall and you will come to a clearing. Turn around them and down towards the left. You will arrive at a square. Cross the road at the sign, go straight down for about 200 m. Look for a clearing where there is an old stone wall. You must pass by. About 50 m later turn left. You will reach a square. About 300 m further down there is another diversion. Turn left taking the road that seems less travelled, and you will reach the river. Cross the river and about 100 m further down the road that leads to the natural swimming



## Ecología

En esta ruta encontramos la vegetación representativa de los Montes de Tras la Sierra. Las zonas más bajas acogen la flora típica de encinares y alcornoques. Según ascendemos en la ruta, esta vegetación más térmica es desplazada por formaciones de melojos en bosques y también como pies aislados en praderas de montaña, mucho más predominante en las zonas orientadas al suroeste, que son más soleadas y menos húmedas. Por otro lado, la degradación de las laderas situadas al noreste de estos robledales ha propiciado la formación de brezales de montaña, que limitan en sus cotas más altas con la vegetación mediterránea de mayor altitud, como piornales y codesales.

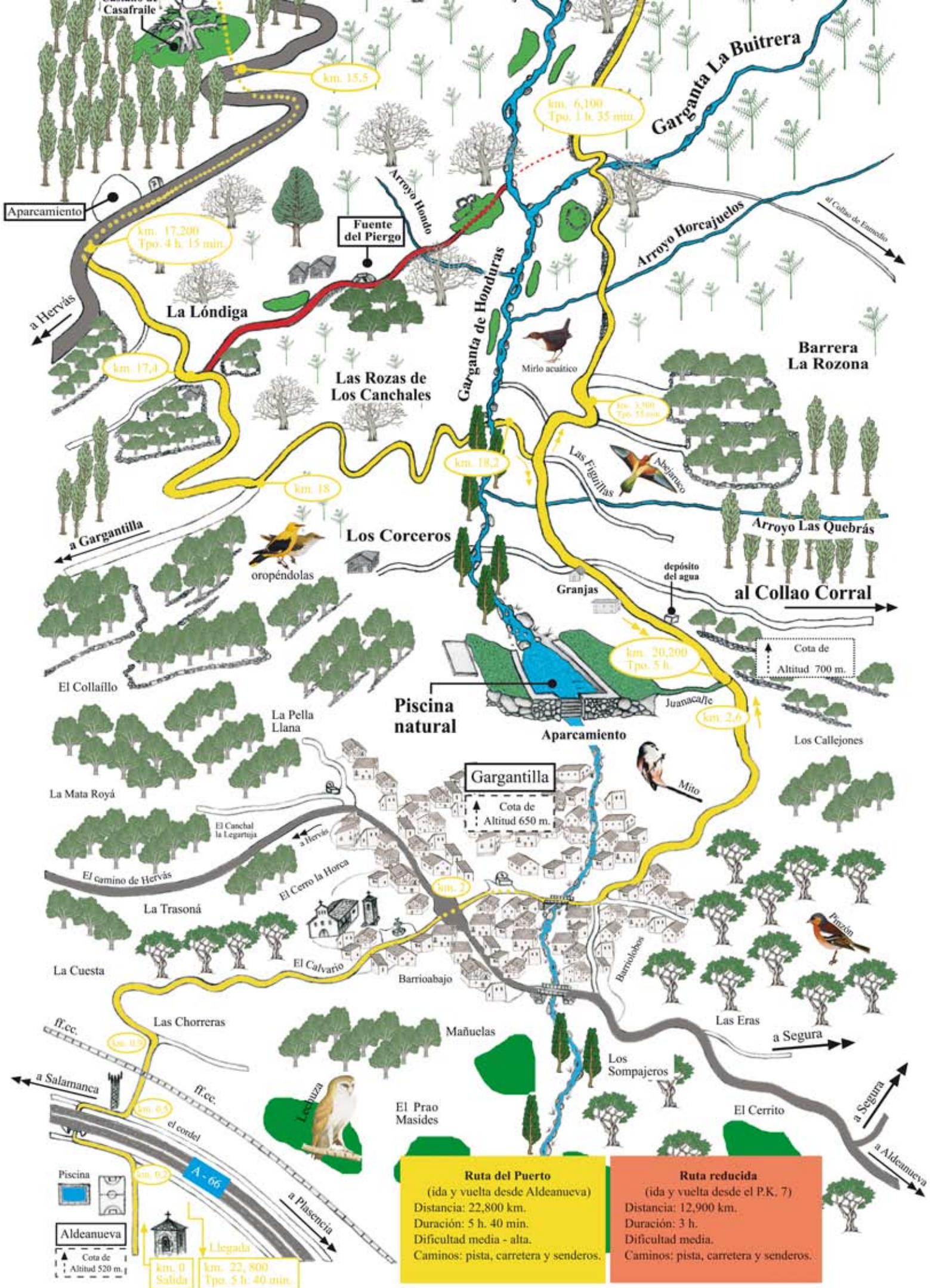
Esta vegetación de matorral conforma un hábitat ideal para los dominios del jabalí y alberga una gran variedad de rapaces.

## Ecology

In this trail we can find the representative vegetation of the Mounts of *Tras La Sierra*. The lower areas house the typical holm oaks and cork trees. As we ascend, this vegetation, proper of warm areas, finds itself displaced by oak groves. The oaks are also present here and there on mountain meadows, and more frequently on the areas facing Southeast, which are sunnier and dryer areas. On the other hand, the degradation of the hillsides placed to the Northeast of these oak woods has propitiated the formation of mountain heather fields. The highest parts of these fields border on the typical Mediterranean vegetation of high altitudes, such as *piornales* and *codesales* (different types of broom).

These bushes provide the ideal habitat for the wild boar, and house a wide variety of birds of prey.





**Ruta del Puerto**  
 (ida y vuelta desde Aldeanueva)  
 Distancia: 22,800 km.  
 Duración: 5 h. 40 min.  
 Dificultad media - alta.  
 Caminos: pista, carretera y senderos.

**Ruta reducida**  
 (ida y vuelta desde el P.K. 7)  
 Distancia: 12,900 km.  
 Duración: 3 h.  
 Dificultad media.  
 Caminos: pista, carretera y senderos.